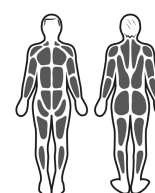
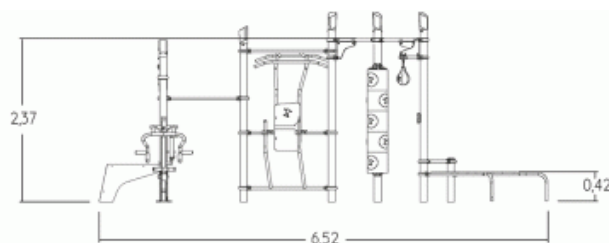
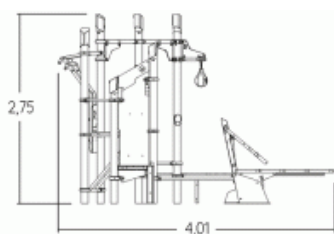


Sports formula



Muscular stimulation



► Sports activities : 12

hanging



Pull-ups



Dips



Push-ups



Abs



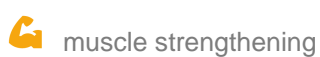
boxing



Resistance



Soulever



Components

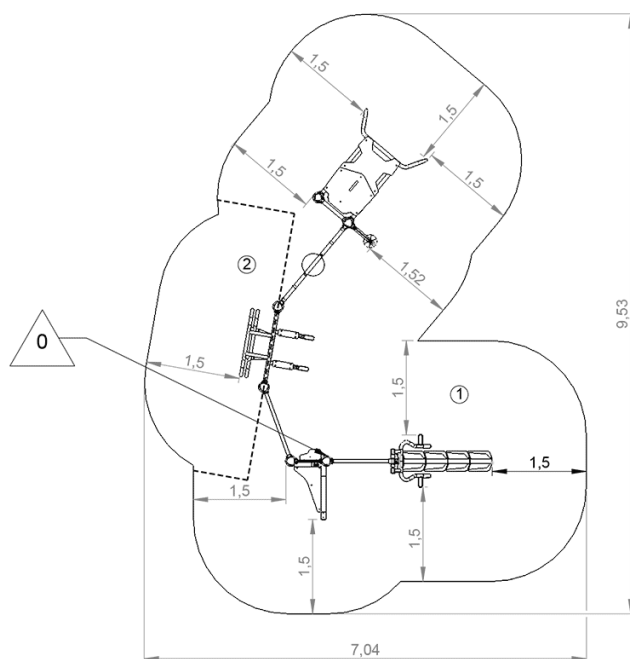


- ① 3 in 1 Totem
- ② Bench press
- ③ Power tower
- ④ Punchbag
- ⑤ Punchball
- ⑥ Abs Board/Push-ups
- ⑦ Horizontal bar L. 125 cm
- ⑧ Smartphone holder

Installation of equipment

IMPORTANT: It is essential to refer to the installation instructions for information on the size of the safety areas.

- Impact area (minimum normative surface)
- - - Free space



		m ²
1	0,6m	31,5m ²
2	1,27m	12,5m ²
3	1,52m	4m ²



2



25h00



1.4m³



48m²



449kg



22kg

