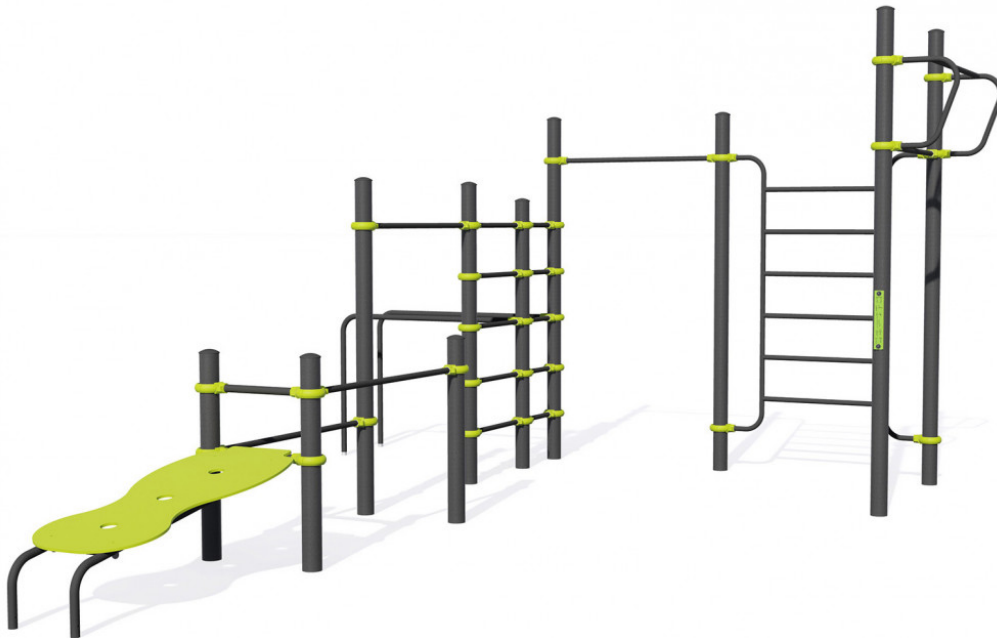
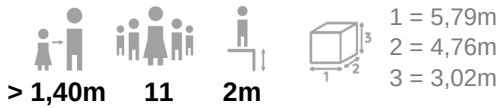
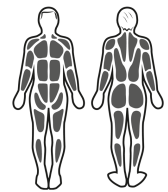
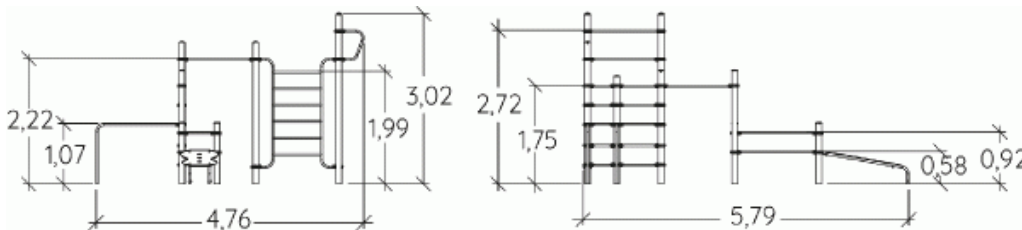




Sports formula



Muscular stimulation



► Sports activities : 22

hanging



Pull-ups



Dips



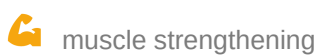
Push-ups



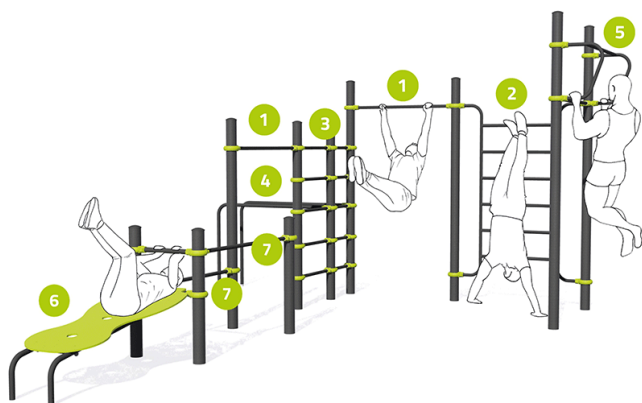
Squats



Abs



Components

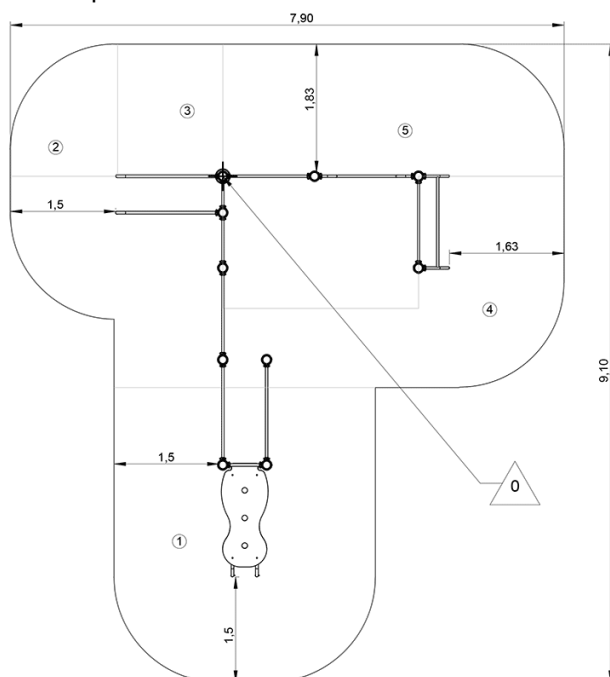


- ① Horizontal bar L. 130 cm
- ② Swedish wall
- ③ Asymmetrical wall bars
- ④ Simple parallel bar
- ⑤ Pull-up bars
- ⑥ Abs Board
- ⑦ Horizontal bar L. 150 cm

Installation of equipment

IMPORTANT: It is essential to refer to the installation instructions for information on the size of the safety areas.

- Impact area (minimum normative surface)
- Free space



		m ²
1	0,95m	15m ²
2	1,1m	2,5m ²
3	1,2m	3m ²
4	1,7m	16,5m ²
5	2m	14m ²



2



07h00



1.9m³



51m²



322kg



28kg

