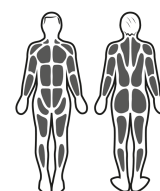
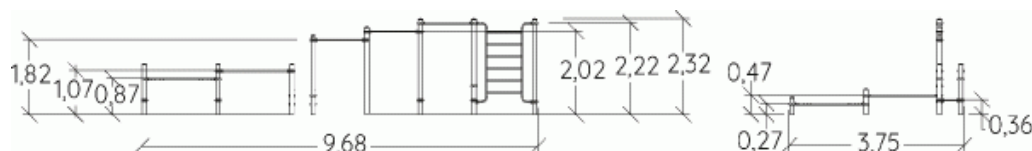


Sports formula



Muscular stimulation



► Sports activities : 19

hanging



Pull-ups



Dips



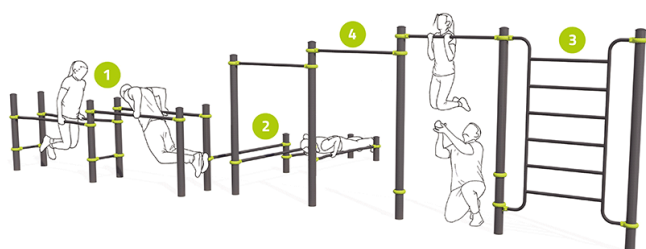
Push-ups



Squats



Components

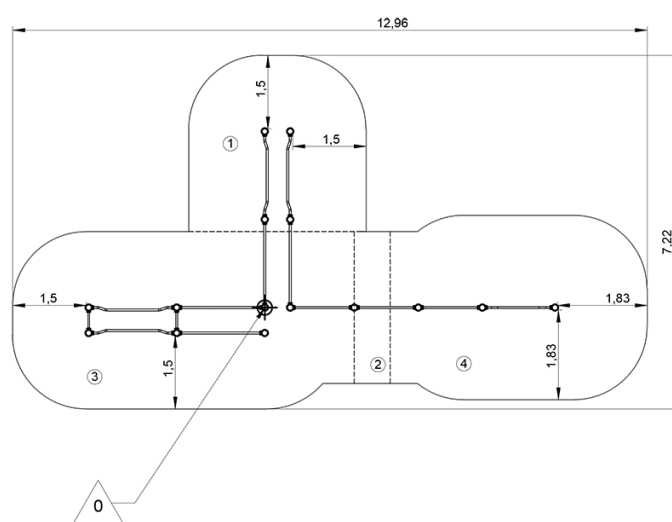


- ① Mixed double parallel bars
- ② Low double parallel bars
- ③ Swedish wall
- ④ Horizontal bars combination

Installation of equipment

IMPORTANT: It is essential to refer to the installation instructions for information on the size of the safety areas.

—— Impact area (minimum normative surface)
- - - - Free space



		m ²
1	0,6m	12m ²
2	0,8m	2,5m ²
3	1,1m	24m ²
4	2m	18,5m ²



2



07h00



2m³



57m²



318kg



22kg

