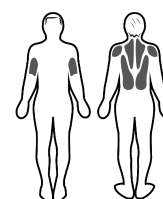
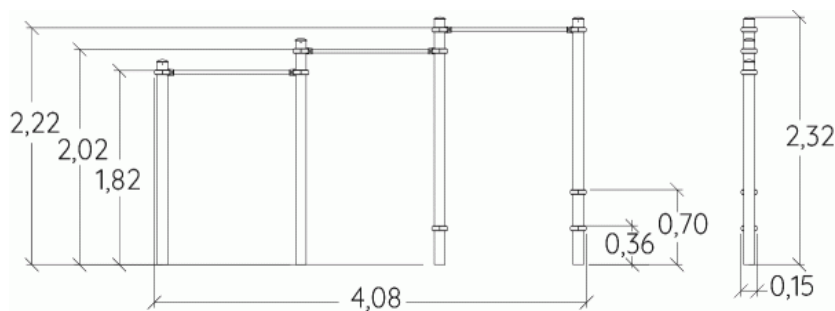


Sports formula



Muscular stimulation



## ► Sports activities :


6

hanging



Pull-ups



 muscle strengthening



 heart health

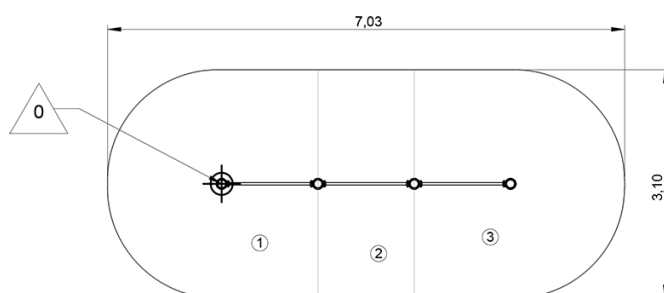
 balance



 coordination

## ► Installation of equipment

**IMPORTANT:** It is essential to refer to the installation instructions for information on the size of the safety areas.

-  Impact area (minimum normative surface)  
 Free space



			
1	0,8m		8m²
2	1m		4m²
3	1,2m		8m²



2



02h00



1m³



20m²



103kg



22kg

